



February '21

Jim Wells County 4-H Connection

Volume 9, Issue 2

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Face-to-Face 4-H Events/Activities

I love that when the 4-H February Calendar was released I received several texts stating "can't wait to get started again." Believe me, I can't wait to get going with our 4-H face-to-face meetings, activities, and events. With that said, we need to continue to be diligent and take all of the precautions and safety measures because we want to continue to stay open and able to meet. As stated to us thru Texas A&M AgriLife Extension, masks must be worn properly at all 4-H events and activities (inside and outside activities) and we need the Covid screening form filled out for everyone in attendance at the 4-H events and activities. Please do your part and help club managers, project leaders, and coaches by complying with these guidelines. We want our 4-H Family to stay safe as we get to see each other again. I look forward to it. I am so happy to get busy training and participating with you again.

If you have any questions about your 4-H projects, please do not hesitate to call us at the County Extension Office.

Sincerely,

Barbie Wymore
County Extension Agent—4-H
Jim Wells County



Blackberry—Heart Smart Food

Blackberries are smart heart foods. They are a fruit suited for Texas landscapes. Not only are blackberries a southern staple for our favorite summertime desserts, but blackberries are also easy to grow in Texas gardens because they tolerate the hot summer months and bear fruit throughout the spring and early summer.

Blackberries are a rich source of fiber, Vitamin K, Vitamin C, and manganese, along with many other vitamins and minerals. Because of their high levels of antioxidants, blackberries may aid boosting brain health and can help control blood sugar because of their low glycemic index.



2021 4-H Beekeeping Essay

<https://texas4-h.tamu.edu/projects/entomology/>

Essay Topic:

Immunity:
Threats to Bee Colonies
and Methods to Defend
Against the Threats

Submission online through
4HOnline

Deadline: Monday, March 15, 2021



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The members of Texas A&M AgriLife will provide equal opportunities in program and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

4-H Contest Winners

Congratulations to our Jim Wells County 4-H Contest winners that happened in the month of January. I appreciate you playing along via Zoom, Kahoot, and thru the Photography Scavenger Hunt.



4-H Trivia

1st place—Trevor Martinez, 2nd place—Adam and Annie Tijerina, and 3rd place—Lucas Walker

Ag Product ID

1st place—Trevor Martinez, 2nd place—Lucas Walker, and 3rd place—Eli Walker

Photography Scavenger Hunt

1st place—Cathy Lee, 2nd place—June Martinez, and 3rd place—Grayson Pool

Winners received various gift cards. This month you can participate in the Home Food Challenge. Details are attached.

Burnet County 4-H Virtual Rifle Contest

Congratulations to the 4-H Rifle Team for competing in the Burnet County 4-H Virtual Rifle Contest. Results are :

4th place Senior Team—Ethan Garcia, Avery Garcia, Joseph Saenz, and James Ruiz; Ethan Garcia—9th place senior; Avery Garcia—19th place senior; Jasmin Guerrero—20th place senior; James Ruiz—21st place senior; Joseph Saenz—22nd place senior; Cyreniah Hinojosa—6th place intermediate; Sophia Guerrero—5th place junior; and Elena Saenz—6th place junior. Thank you to Coaches Eddie Garcia, Martin Saenz, and Randall Ruiz for all you did to get the 4-H'ers able to shoot in this contest.



Jim Wells County 4-H Food Challenge

The Jim Wells County Food Challenge practices and trainings are gearing up in February and March. If you do not know what food challenge is, I don't want you to miss out on the fun creative side of cooking and plus you learn about nutrition and cooking skills. At Food Challenge, teams of 3-4 students receive a list of ingredients and have 40 minutes to create a dish. The teams then present their dish to judges and are scored on preparation, serving size, food safety concerns, nutritional value and cost.

Tuesday, February 16, is the deadline to sign up for County Food Challenge. With restriction and taking needed precautions, we will schedule practices based on teams that are signed up on the 16th. Our 1st Food Challenge Practice will be held on Tuesday, February 23. County Food Challenge will be held on March 23 and 25. A Food Challenge registration form is attached in the newsletter. If you need help finding a team, please let me know and I will help you find a team.



District 12 4-H Postal League

Registration is open for the District 12 4-H Postal League thru Monday, February 19. The great thing about postal leagues are that they are completed on your practice ground, like home court advantage. District Postal League is open to both archery and rifle project members. Registration is on 4-H Online.

4-H Home Food Challenge

February is National Sweet Potato Day and National Cherry Day. Therefore, I challenge 4-H'ers and adults to the February Home Food Challenge. 4-H'ers do not have to be participating in our County Food Challenge to participate in this activity. Top 3 prizes will be awarded with gift cards. Have fun and be creative!

JWC 4-H Photography Contest Rules and Forms

The 2021 Jim Wells County 4-H Photography Contest Rules, Guidelines, Photo Release, and Entry Forms have been emailed and on the Jim Wells County Extension website <https://jimwells.agrilife.org> Photo boards are available at the Extension Office if you would like to purchase for \$2.50 for 8x10 and \$1.50 for 5x7. If you have any questions, please call the Extension Office. Please review the classes very carefully before entering photos to insure that photos are not disqualified for being entered into the wrong class. Classes have been changed and updated from last year. 4-H'ers have a great eye for taking pictures and we all know that our phones can take some great photos.



4-H Creative Arts Project

The 4-H Creative and Expressive Arts group will begin meet again on Wednesday, February 24, from 6:00-8:00 at the Home Economics Building at the Fairgrounds. 4-H'ers will be working on various projects, as well as starting projects for the Jim Wells County Fair.

If you have any questions, call the Extension Office and we can get you in touch with Annabel Chapa who is the leader of the project. If you plan on coming and being creative, please just call the Extension Office so that adequate supplies can be purchased.



4-H Fashion & Interior Design— Fashion Sensation

The 4-H Fashion and Interior Design Project is open to all 4-H'ers. The great thing about how this project has evolved over years is that 4-H'ers can sew (Construction) or consumer shop (Buying) for an outfit for Fashion Sensation. The age divisions are: Clover Kids, Junior, Intermediate, and Senior. The categories for Construction are: Everyday Living, Re-fashion, Semi-Formal/Formal, and Theatre/Costume.. The categories for Buying are: Everyday Living (Business/Interview Attire for Seniors), Fantastic Fashions Under \$25, Semi-Formal/Formal, and Special Interest.

March 24, will be the deadline for the County Fashion Sensation Contest.



4-H Robotics & STEM

The 4-H Robotics project is getting going again with Face-to-Face meeting on Sunday, February 28, at 3:30 p.m. at the Jim Wells County Fairgrounds. Robots are all around us from the food we eat to the cars we drive. Robots help make our lives easier, more efficient, and more FUN! The field of robotics is expanding at a rapid pace and we are poised to help lead young people into this exciting field. You will learn how to design, build, and program robots in this exciting and hands on project. Join in on the learning fun!



County Round-Up for Educational Presentations & Share-the-Fun

Do you like sharing information or skills you know with others? Or do you like to learn something new so you can share that information with others. That is what County Round-Up Educational Presentations is about. Just a few examples of educational presentations are: The Steps to Making Deer Sausage, How to Make A Christmas Wreath, Nutrition for Athletes, How to halter and show an animal, etc. Educational Presentations can be a PowerPoint with props to demonstrate or a science board with necessary information in a large font. You can do an educational presentation in many different categories. Educational presentations need to be 9-12 minutes; therefore, visuals help get your message across. 4-H'ers can also choose to do a presentation with a partner.

Share-the-Fun is different in that 2-9 4-H'ers can participate in this in more talent type routines. Categories for Share-the-Fun are: poetry/prose, musical/instrumental, celebrate 4-H, vocal, dramedy, choreographed routine, solo/band performance. Performances are no more than 6 minutes with 4 minutes total to set-up and take down.

Entry forms are included and are due in the Extension Office by Friday, March 5. County Round-Up Educational Presentations and Share-the Fun will be done on Zoom on Wednesday, March 17 or in person on March 18. District Round-Up this year will be virtual and entries and uploaded video recordings will be due on March 30.



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Consumer Decision Making

Do you like to shop for bargains or the best product for your \$\$? Learn how to save money while shopping in the consumer education project and the consumer decision making activity. You'll learn how to compare prices, test for quality and make purchases based on facts and research. In this project you will learn how to compare prices, test for quality and make purchases based on facts and research. You will also improve your: money management skills, smart purchasing skills and decision-making skills. In this activity, 4-H'ers read a scenario, look at 4 products, and put these projects in order based on the scenario and what the best buy is for the scenario based on what you learn about the projects. This years classes will be: athletic shoes, activewear, sunglasses, hands-free Bluetooth car kits, headphones/earbuds, tablets, wireless portable speakers, fitness trackers, outdoor equipment, and outdoor backpacks.

Practices will be held on February 10 and 16 at 6:00 Home Economics Building at the Fairgrounds. More practices will be scheduled. The District 12 4-H Consumer Decision Making Contest will be held on Tuesday, March 30, at 6:00. The contest will be virtual in a similar fashion as District Food Show.

Come try a new project and learn life skills you will use for your entire lifetime. Just ask some of our 4-H alumni that are still using these life skills.

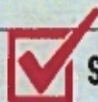


Congratulations County Fashion Storyboard Winners

3 Fashion Storyboards were turned in this year by Kinleigh Carr, June Martinez, and Trevor Martinez. Kinleigh entered an Intermediate wearable entry. June entered a junior jewelry entry. Trevor entered a senior pet clothing entry. They also entered the District 12 Fashion Storyboard Contest and are awaiting results. Great job!



Jim Wells County 4-H Home Food Challenge



Sweet Potato

OR



Cherries



4-H'ers that accept the challenge create and make a dish at home using either sweet potato or cherries (February is National Sweet Potato and National Cherry Month) as the main ingredient. Any other ingredients you wish to use is allowed. Submit a photo of you and your dish, as well as the recipe you created by Thursday, February 25th to b-wymore@tamu.edu

Any questions, call 361-668-5705 ext. 7

Any 4-H'er or parent/leader can participate in this challenge, including Clover Kids and adults.



2021 Jim Wells County 4-H Food Challenge

Team Entry Form

Entry Deadline—February 16th by 5:00 p.m.

Entry Fee is \$5 per person

Team Name: _____

Team Member #1: _____ Grade Level: _____

Team Member #2: _____ Grade Level: _____

Team Member #3: _____ Grade Level: _____

Team Member #4: _____ Grade Level: _____

We acknowledge that once entry is turned into the County Extension Office, no changes can be made to the entry, even in the case of ineligibility due to grades. Our team is complete and these are the team members and team name for our team.

Signature—Team Member #1 & Parent: _____

Signature—Team Member #2 & Parent: _____

Signature—Team Member #3 & Parent: _____

Signature—Team Member #4 & Parent: _____

(Only one entry form per team and teams must have 3– 4 team members. Form must be signed by all members prior to turning it in to the Extension Office.)

4-H Volunteer Awards

<https://texas4-h.tamu.edu/awards/>

Nominate the individuals or organizations that support our 4-H program at the county, district, or state level!

Nominations due
Friday, March 12, 2021

ASPIRE TO INSPIRE
75

Citation for Outstanding Service
Commendable Service
Salute to Excellence
Meritorious Service
Leader's Legacy
Alumni Award

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2021 County Round-Up Entry Form

Deadline - Friday, March 5

Name: _____ Grade: _____

Name: _____ Grade: _____

Title of Educational Presentation or Share-the-Fun Act: _____

Day you want to present (Select One): _____ Virtually on March 17 or _____ In Person on Thursday, March 18

Educational Presentations and Share-the-Fun (Educational Presentations for Juniors-Seniors should be 9-12 minutes)

_____ Ag Technology & Farm Safety	_____ Animal Science
_____ Beef	_____ Health & Wellness
_____ Horse	_____ Open
_____ Open - Ag and Natural Resources	_____ Open - Family & Consumer Sciences
_____ Promote 4-H	_____ Public Speaking <u>No visuals are allowed</u>
_____ Safety and Injury Prevention	

Share-the-Fun (2-9 members unless specified) (Time is max of 6 minutes with 4 to set-up)

_____ Share-the-Fun Musical/Instrumental	_____ Share-the-Fun Solo/Band Performance
_____ Share-the-Fun Dramedy	_____ Share-the-Fun Vocal
_____ Share-the-Fun Poetry/Prose <u>(No reading or notecards allowed)</u>	
_____ Share-the-Fun Choreographed Routine	_____ Share-the-Fun Celebrate 4-H

Horticulture/Gardening

Project & Show

Spring is almost here and with that brings planting Spring gardens. The gardening/horticulture project is open to all the 4-H'ers that have a green thumb or wish they had a green thumb and want to grow succulents, vegetables, herbs, or foliage plants. Even if you don't think that you have a green thumb, the succulent division may be for you.....cactus :-)



The Horticulture project is similar to an animal project in that you get your project, take picture of your project, keep records of your project and then bring your project to be judged. The plants can be grown from seed or purchase a small plant from HEB, nursery, Sutherlands, Home Depot, or Lowe's. Projects must be started by March 30 and 4-H'ers must email me a pic of their project along with their name, club, and division to b-wymore@tamu.edu. The divisions for the project are: foliage plants, succulents, herbs, flowering plants, tomato plant, pepper plant, fruit class, and other vegetable class. A complete list of the rules, dates, and the project report form are available on jimwells.agrilife.org. All entries will be due between 4:30 and 5:30 on Tuesday, May 11, with awards and plant pick-up on Thursday, May 13, at 5:30 p.m.

A project report form with pictures taken throughout the project are due with each plant on Tuesday, May 11. 4-H'ers can enter projects in each division; however, only 1 entry per class.

2021 Jim Wells County 4-H Fashion Show Entry Form

Deadline – Friday, March 24th by 5:00 p.m.

Name: _____

Grade Level: _____

Telephone #: _____

4-H Club: _____



Clover Kids/Junior/Intermediate

Construction

Everyday Living _____

Refashion _____

Semi-Formal/Formal _____

Theatre/Costume _____

Buying

Everyday Living _____

Fantastic Fashion Under \$25 _____

Semi-Formal/Formal _____

Special Interest _____

Senior

Construction

Everyday Living _____

Refashion _____

Semi-Formal/Formal _____

Theatre/Costume Garments _____

Buying

Business/Interview Attire _____

Fantastic Fashion Under \$25 _____

Semi-Formal/Formal _____

Special Interest _____

With entry, include a paragraph that includes why the garment was selected (colors, type of fabric), accessories, and where you plan on wearing the outfit.

4-H'ers interested in participating in Outdoor Challenge, please call the County Extension Office. We may have individuals looking for a partner and we can help pair teams up. Paige Langley and Emily Kalinec have participated the last couple of years and Emily says this is her favorite 4-H Event.



2021 4-H Outdoor Challenge Announcement

When: June 20-21, 2021

Where: Texas 4-H Center, Lake Brownwood

Registration:

Contest- 4-H Connect (<https://texas.4honline.com>). Registration timeline is April 10-May 10, 2021. Registration fee is \$50 per contestant.

Lodging & Meals- Optional Lodging and Meals at the 4-H Center are available by reserving on <https://texas4hcenter.tamu.edu/> during the same timeframe as Contest Registration.

Rules and Resources Guide:

General information can currently be found in the 4-H Outdoor Challenge Rules and Resources Guide posted on the 4-H Outdoor Education and Living Skills webpage; <http://texas4-h.tamu.edu/projects/outdoor-education-living-skills/>.

The Fishing Event will be held on the banks of Lake Brownwood. Consult Texas Parks and Wildlife information for details; <https://tpwd.texas.gov/fishboats/fish/recreational/lakes/brownwood/>.



Two Day Schedule:

June 20

12:00 Noon: Check-In

Gear Judging

Orientation

Swimming, Kayaking, Archery

June 21

8:00 AM: Climbing, Fishing, Shotgun

Lunch Break

After Lunch: Biologist Skills, Outdoor Skills, Outdoor Safety

Final Tabulations

Awards

Depart for Home

Events for 2021:

- | | |
|-------------------|---------------------|
| 1. Gear Judging | 2. Swimming |
| 3. Kayaking | 4. Archery |
| 5. Climbing | 6. Fishing |
| 7. Shotgun | 8. Biologist Skills |
| 9. Outdoor Safety | 10. Outdoor Skills |

Attention Jim Wells
County Residents

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What is Texas Speaks?

It is a state-wide online survey conducted by Texas A&M AgriLife Extension Service with the purpose of listening to Texas citizens as they identify strengths and needs in our communities.

Texas A&M AgriLife Extension - Jim Wells County
PO Box 1370
Alton, TX 78333
PH: 361-688-5705 ext. 7
jimwells.agrilife.org

Quick facts about the Survey:

1. Online
2. Open to the Public
3. Anonymous
4. Takes only 10 minutes to complete

How do I participate?

1. Simply scan the QR Code below or
2. Visit the website: tx.ag/Dy5dvyl

